DARK CHOCOLATE TART

By Chef Sebastien Lepinoy



Step 1: Carob Dough

T45 Flour 130g, Almond Powder 50g, Sugar 75g, Carob Powder 10g, Salt 1g, Unsalted Butter 85g, Whole Egg 25g

- 1 Slice the butter, which is at room temperature, into small cubes
- 2 Place the flour, almond powder, sugar, carob powder, butter cubes and salt in a mixing bowl
- 3 Make a well in the middle of the bowl and add in the eggs
- 4 Continue to combine all ingredients into a smooth, homogeneous dough
- 5 Wrap with cling film, and allow it to rest in the refrigerator for 1 hour
- 6 Dust the table top with a generous layer of flour
- 7 Roll out the dough into 2mm thickness
- 8 Line a 16cm diameter tart pan with the dough
- 9 Leave the dough to rest for 20 minutes, pre-heat the oven at 170°C
- 10 Bake tart shell for 12-15 minutes and set aside to cool

Step 2: Chocolate Mix

Cream 200g, Dark Chocolate 70% 65g, Dark Chocolate 64% 65g, Whole Egg 65g

- 1 Bring the cream to a boil in a saucepan
- 2 Pour the boiling cream over dark chocolate
- 3 Wait 1 minute before mixing the chocolate and cream together
- 4 Add in the whole egg and mix well
- 5 Set the oven at 180°C
- 6 Pour the chocolate mix into the baked tart shell
- 7 Bake for 6-8 minutes
- 8 Remove from the oven and leave to cool for 2 hours before serving
- 9 Keep at room temperature, best consumed within the day